



# The Cog

Rotary Club No. 3503  
P. O. Box 544,  
St. Marys, OH 45885.  
[www.stmarysrotary.org](http://www.stmarysrotary.org)  
July 6, 2016

### Call to Order

Past President Kathy Sampson opened the meeting and offered the invocation. The Club then recited the Pledge of Allegiance.

### Guests / Song / Birthdays

Guests included Jared Mauch, Zach Steva, Paul Steva and Jan Heinrich.

Kraig Noble led the Club in the singing of "America". There were no birthdays.

### Happy Dollars / Fines

Happy dollars for this week came from Randy Elsass, Linda Haines, Don Hinkley, Kathy Sampson, Rick Green, Gayle Masonbrink, and Jim Heinrich.

### Announcements / Presentations

- Presentation to Ned, Kathy, Jackie, Tom with the Eagle's for all their help.



### Program



Bev Wilker presented our first speaker, Zach Steva. Zach was the student that Rotary sent to Air Camp. Zach spoke about his experience during his time at Air Camp. Through his trip he had the opportunity to board a C17 at Wright Pat Air Force base. At the Dayton International Airport Zach learned the behind the scenes workings of the TSA and got to stand on the runway and watch planes land. At Sinclair Community College he was taught

how to make flight plans and got to fly some drones. On day 4 he visited Wright Bros Airport where he learned the inner workings of an engine and got to fly a plane for 20 minutes. Zach said her really enjoyed his experience and would recommend it to other students.



Our second speaker, Dr. Suzanne Quinter of Wheatland Dermatology was introduced by Kraig Noble. Dr. Quinter hails originally from Hamilton, Ohio. She attended University of Dayton, where she met her husband AJ Quinter. Dr. Quinter then attended the Medical College of Ohio in Toledo. After starting a family Suzanne and her husband decided to move to the area and open a practice as a single practitioner. The office opened 1 year ago.

Dr. Quinter became interested in dermatology as a child. She said that she actually remembers her dermatologist better than her pediatrician. Her father also had some skin cancer issues and that also pushed her into the field of study which

involves and internship in internal medicine and then 3 years of dedicated dermatology training.

Your skin is your largest organ so there is a lot of stuff that can go wrong. She said that most people just think of it as "pimple popping" but it is so much more.

Skin can breakdown in it's function, as it's barrier and from it's processes inside which makes it a broad scope. Skin cancer is a major part of her practice. Most of her day is spent looking at people's skin. She expressed that sun protection is very important. Suzanne also expressed that the more expensive sunscreen is not always the best. She recommends 30-50 SPF and that you reapply often.

Dr. Quinter stressed that it is important for everyone to have a complete skin review to look for anything unusual. She calls these unusual spots "ugly ducklings". If you see a spot that does not match any other spot on your body that you should have it looked out.

### Queen of Hearts

Keith's ticket was drawn, but the Queen lives on.

### Upcoming Programs

### Upcoming Greeters

The meeting was adjourned after recitation of the "Four Way Test".

*\* Please note: All Rotarians scheduled to greet, please be in place by 11:30 a.m.*

