



THE COG

Rotary Club No. 3503

P. O. Box 544,

St. Marys, OH 45885.

www.stmarysrotary.org

January 8, 2020

Call to Order

President Travis Elsass called the meeting to order and Kathy Sampson offered the invocation.

Rita Hilty led the club in singing "God Bless America". We sang "Happy Birthday" to Keith Fledderjohann, Beth Noneman and Tim Benjamin.

Guests included John Ficorilli from the Lima club, Kateland Keene, guest of the club, Lesia Aranett and Cindy Berning, guests of Kevin Harlan, high school students Hannah Good, Cherissa Priddy, Kalie Gayer, Noah Francis, Noah Tobin, Austin Boley, Debbie Swisher and Ryleigh Young, and media guests Jake Dowling from the

Leader and Katie, Aaron and Lauren from WLIO.

Happy Dollars

Travis was happy to get stuff out of his car, Wes Protsman for Arts Place Holiday Beer tasting on Jan. 17th, Linda Haines for today's speaker, Dan Hoseck for visiting grandchild #6, Kevin Harlan for today's speaker and guests, Bev Wilker for her son's award and West Virginia basketball victory over Ohio State, Lori Martensen for collecting professional clothing donations (thank you Travis), Kraig Noble for Kateland from Arby's visiting and for his tenure coming to an end on the Hospital Board, Gary Newton for the final approval of his \$189,000 global grant, Beth Noneman for all the Rotary Foundation donations (still time to get in for the raffle on Jan. 22).



Fines

Zach Ferrall did the fines today. He did Star Wars trivia and fined everyone who did not eat sauerkraut and sausage New Year's Day.

Announcements

- We are serving lunch at the Council of Aging January 21 at 11:00.
- Our auction will be February 5 at 6:00.
- The District Conference will begin May 1.
- The Carp Derby is scheduled for June 5.
- The food truck rally is scheduled for June 20.
- The golf outing is scheduled for July 18.

Program

PE Wes introduced today's speaker. Dr. Chris Stucke is a Marion Local grad who went to UD, Kent State, and then came back to the area to practice podiatry.



He has offices in St. Marys and Celina and took over Dr. Little's former office space. He talked about choosing podiatry, which you have to do before you go to medical school, unlike most specialties.

He talked about the scope of his practice and the services that are available here. The feet have 56 bones and lots of small joints and there are subspecialties within the foot and ankle. He went over new technologies, like total ankle replacement surgery and other nerve procedures that are advancing in his field.

He talked about the importance of stretching and ways to prevent foot problems in the first place. He passed out a paper that showed some stretching techniques as well as one with recommended shoes.

He went over some orthotics that are available. He took questions from the club.

Queen of Hearts

Beth Noneman's ticket was drawn, but she did not find the Queen.

Upcoming Programs

1/15

1/22

1/29

Upcoming Greeters

1/15 **Bob Luegers**

1/22 **Bill Maki**

1/29 **Mike Makley**

The meeting was adjourned after recitation of the "Four Way Test".

** Please note: Rotarian who is serving as 'Greeter' should be in place by 11:30 AM*

